The meaning of modern healthcare practice, including high-tech intensive care medicine, is to cure physical trauma, injury and pain, as well as social, psychological and spiritual problems and sufferings of each patient and his family. The only solution of this immediate task of modern medicine is the building of an ICU interdisciplinary team, which integrates efforts of many different healthcare providers: physicians, nurses, social workers, psychologists, chaplains, volunteers.

Purposes of course:

To identify and address the physical, psychological, spiritual and practical burdens of illness.
To identify and address the limits of modern medicine.
To indicate the great importance of:
  • Effective management of pain and other distressing symptoms, while incorporating psychosocial and spiritual care according to patient and family needs, values, beliefs and culture.
  • Both patient and family must be prepared for the dying process and for death, when it is anticipated.

Participants:
Assoc. Prof. R. Albisser, Theological Faculty, University of Lucerne, Swiss, K. Franz, MD, University Hospital, Bern, Swiss
Assoc. Prof. J. Marinova, PhD, Sv. Dimitrova, PhD, Dept. Social Medicine, Thracian University
J. Vuchkov, PhD, G. Dimov, PhD, ICU, University Hospital, Thracian University
Vi. Bostandzhiev, MD, University Hospital, Sofia
Chr. Toteva, M. Georgieva, At. Kisov - ICU nurses, ICU, University Hospital, Thracian University
E. Daskalova-Zafirova - clinical psychologist
K. Janulova - psychologist
Chr. Saldzhiev - Faculty of Pedagogic,
Thracian University,
Fr. J. Karageorgiev, Chaplain, Fr. Ilya Iliev, Chaplain, Parish of Stara Zagora
Fr. Mario Jonov, Hospital Chaplain, Sofia
R. Iliev, M. Akat, A. Petrov, D. Gancheva - Medical Faculty Students
- Social Work Students, Thracian University
- Medical College students

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## BUILDING OF AN ICU INTERDISCIPLINARY TEAM

**2nd International Conference, Thracian University, Medical Faculty, Stara Zagora, Bulgaria, 23-25 June 2004**

**LIMITS OF THE MODERN MEDICINE. COMMUNICATION AND CARE OF TERMINAL ICU PATIENTS**

**PROGRAM**

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<tbody>
<tr>
<td>09.00-10.30</td>
<td>Opening of the Conference, participants introducing Evaluation of Conference 2003 (J. Vuchkov)</td>
<td>Psychotherapy and Spiritual Care</td>
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<td>10.30-10.45</td>
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<tr>
<td>10.45-12.00</td>
<td>2. Lecture: Palliative Care (Social worker, Social work Student)</td>
<td>6. Lecture: Spiritual Care Practice (Fr. M. Jonov, Fr. Ilya Iliev)</td>
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<td>12.00-14.00</td>
<td>Lunch</td>
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<td>14.00-15.30</td>
<td>ICU Patients and their Relatives: Where are the limits of modern Medicine? Case discuss</td>
<td>Care for Terminal ICU-Patients</td>
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<tr>
<td>15.45-17.00</td>
<td>Small groups: Medical Professionals: Where are the limits of modern Medicine?</td>
<td>Small groups: Communication with Terminal ICU Patients and their Families: Our personal experience</td>
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