



Broadening the roots

Nurturing Spirituality in Healthcare Chaplaincy

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My main point

- Rather than talk of nurturing spirituality, we should shape our nurturing in broader language, both as individuals and as a team – to create a complex picture of what good Chaplaincy looks like; and a more subtle/complex picture of what self care looks like.

The paradox of “spirituality”

- Whilst Spirituality is a broad term- its use can be reductionist and flattens the landscape
- The anthropological view often drowns the diverse view from within
- My spirituality, my faith, my culture, my religion, my beliefs, my passions, my questions



C.R.I.S.P Chaplaincy

Effective Chaplaincy teams need to acknowledge the diversity of patients and their needs:

Cultural Needs

Religious Needs

Individual Needs

Spiritual Needs

Pastoral Needs



Nurturing Diversity

- If we deliver CRISP, we need to feed CRISP
- Feeding out cultural roots
- Celebrating our religious/belief identity
- Owning our individuality and passions
- Continuing our spiritual journey
- Taking pastoral care of ourselves/each other

Different Chaplains drawing on different roots

- Just as chaplaincy cannot deliver one size fits all, generic chaplaincy, so the spiritual 'feeding' of Chaplains needs diversity
- The uniting factor is that we all need feeding